

The Secretum Nuntium

APRIL 12TH 2018

The Disease Which Lorem Can Not Cure; Depression

By DR TICKLE THOMAS

The Nouvella Mental Health Forum have identified a painful side effect to the Lorem Pill Scheme which exists perhaps behind closed doors. The issue is particularly rife in the new out of town developments, which now house almost a quarter of Britain's population. The question is, how do we handle the mental health of such an extensive population; who quite frankly have nothing to do. 'No jobs, no money, no meals' is how around 25% of Britain's inhabitants describe their lives at present. Dr Gena Gerabaum speaks about this rising problem, 'the issue is real, while the Lorem Pills were without doubt an extraordinary discovery, many people have been suffering from their cure and are now merely surviving rather than living. With the UK population now at 130 million, it is not far from double what it was in 2015, but have the amount of jobs doubled? Have the amount of activity centres, parks, gyms, shopping centres doubled? No is the answer. Those who have been rehoused into the suburban and countryside developments are really struggling to find meaning or activity and the mood is extremely low. I visited a suburban estate in Scotland last week, and don't get me wrong, the development was beautiful and initially seemed like a pleasure to live in, I was almost jealous for a moment, but my envy passed rather quickly when I became overwhelmed by the suffocating fog which loomed so heavily in the air. The dwellers were extremely great-full to have been rehoused, but something didn't seem

quite right, the mood was sinister and soulless. There are two small grocery shops in the whole estate which house almost 80,000. The local authorities stated that funding should not go towards providing food, when the inhabitants are all on the Lorem Pill scheme. (The Lorem Pill scheme, being the provision of Tyrexamodicinal to individuals who are below a wealth bracket rather than providing benefits like in the past). I spoke with a group of boys who were ambling around the estate and I asked them what people do in this development (which was 30km from any town, had two schools and two shops). "I dunno, its alright for us, we got a lush house, we can play football, and we got school most of the time. But my ma an pa hate it, they used to smoke, drink and eat bare trashy food, now they aint got any cash, and theres no way they can get none. They sit around all day with nuffin but there pills. Without football we would go mad, man, we used to smoke and drink bare, everyone did, but now we don't get given any money, and theres way more of us, so we just pop our Lozza pills and exercise. You could say its good, its safer, and healthier, but its definitely dead. If you don't know how to make your own fun likes us and you dont approach the situation with optimisa, optimis, opism? Whatever, then you aint got nothin, I would say the majority of the estate now are sat in there rooms watchin telly, cryin or summin." This was not a shock to hear, from what I had observed at the estate that day, and in many of the other 20 estates around the UK that I have visited. It seems that these developments are all infected with a bug of sadness and hopelessness.

While there are many positive effects of reducing financial benefit payments and providing pills and accommodation instead; such as a reduction of crime, drugs, alcoholism, obesity, an unexpected side effect is that of sadness and emptiness. People need

guidance to structure their lives and enjoy their new freedom, rather than hiding into a shell of fear and hopelessness. Not long ago these people lived in cramped apartments, with high crime rates in less desirable areas of the city. Now they live in the beautiful country in stunning houses. They simply need help in adjusting their lifestyles to their new environments, so that they can thrive in their new surroundings and find new interests, rather than reminiscing and wishing for the old days of booze, drugs and fast food.

Meanwhile the population who are rich enough to remain in cities may not be aware, and may feel that it is a blessing for these poor to escape to the country, and live in beautiful developments. It is certainly unlikely that many are aware of the sheer scale of depression that exists within them. However, the Mental Health Forum are well aware, and have conceived a scheme to help people deal with the immense changes in the structure of their society. The scheme entails the provision of a new App called the Guideme. The App will currently only be provided by the NHS to extreme cases of depression, but can be purchased for three hundred pounds a month by anyone if they are able to afford it.

The Guideme app; an on demand therapist, psychiatrist, life coach, nutritionalist... ie whatever kind of mental aid the individual concerned is in need of. At any time of day, whatever kind of aid an individual requires can be requested on the Guideme app. For example, If the user was feeling really low they would request the psychiatrist, if at the gym, request a personal trainer, at dinner time, request nutritionalist. A friendly voice is there to talk to an individual all day long. Each user will have their prime Guideme voice, which is the specific form of mental aid required by the user and informed by all that is known about that person from social media archive

(this insight stretches back from conversations, photos and all social media activity for the past twenty years) or whoever they have requested as their prime voice. The prime voice can be spoken to continuously all day if needed, meaning that someone can have continuous guidance, encouragement, positivity, motivation...etc

As the Guideme marketing material says, "Think of it as having all of your friends, parents, teachers, psychiatrists, therapists, nutritionalists, life coaches, all in one voice, which is constantly available. It is the answer to this epidemic of depression, and the population are now going to thrive, in ways unimaginable."

The only real barrier that faces the app, is that currently millions of individuals who were working in the physical health sector are still training to become mental health practitioners. As a result there are currently not enough people in the mental health workforce to resource the Guideme app, to make it widely available and cheap enough for the majority to benefit. However in a year from now, when all of the trainees are fully developed in their new roles, the Guideme can be made available to a lot more people on the NHS, and a whole lot cheaper to the general public. The question is, then how can we make it accessible to all, so that everyone has the opportunity to benefit from all that Guideme has to offer.

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Were the Lorem Developments Simply an Attempt to Wipe Our Cities Clean of The Poor?

By PF. MILONA THELELA

There has been a lot of speculation about the rehousing situation which has taken hold since the Lorem Pill Scheme began. Everyone who was receiving benefits of any form has now been 'migrated' to the countryside developments. All of the benefits which were previously being given to people, have been spent on these incredible architectural masterpieces. But as incredible as they may appear, what hope is there for its residents. Are they simply being forced to leave to keep out of site and out of trouble? Has this action taken place for the good of the poor, or the good of the rich? Are they essentially being imprisoned in a beautiful cell. The dwellers can not afford to get to cities to work or to live, they are quite literally stuck. Stuck with pills and countryside, for the rest of their lives. While some are revelling in it, the rest certainly seem stuck. I spoke with Telly Cartwright; a 30 year old singleton from the Terellisia Developments

to hear her outlook on her new home. "For me its great, I love the countryside, I was receiving benefits because I am a writer and have not yet had my lucky break. I used to struggle with the crime that existed around me, but it seems to all have been wiped out now that none of the residents are being given any money to feed their clandestine activity. I can go on walks, breath fresh air and feed my creativity. Nonetheless, while I have always appreciated the countryside, the majority of the people that live around me have never even seen it. How can you expect someone to appreciate nature if all they have ever known is excessive drugs, drink and junk food. I have tried many a time to encourage my neighbours to join me on hikes and to paint and write, but they are in no way interested. They are mourning their old lives and cannot adjust. Most people hideaway in their bedrooms watching television, its as if they're dying inside. Perhaps it is just a cold turkey period and they will step out of their shells soon, but I do fear for them, I really do."



Terellisia Developments, Aberdovey,
Wales